

Standard Data Protection Checklist for Dental Practices

Fault Tolerant Hardware

- □ RAID 1
- □ Multiple internet connections for cloud based PM 2

Physical Security

□ Lock up your server in a climate controlled room or in a rack #

Culture of Security

- Proper set of policies around computer and data usage #
- Training on policies
- ☐ Training for cyber threat avoidance #
- Regular mention of cyber threats and data security obligations
- □ Limit access on mobile devices 1
- □ Limit remote access to practice networks 1

Computer Network Configuration

- □ Passwords enforced through policy 1#
- □ Users provided the minimum rights necessary to do their job 1#
- □ Load the minimum software necessary on each device 1
- Quickly apply security patches for all software deployed 1#
- □ Separate patient usable WiFi 1#
- □ Periodically check for defects 1#

Backup and Disaster Recovery

- □ Managed backup 1#
- □ Disaster recovery plan #
- □ Perform a periodic restore test 1#
- Backup and disaster recovery appliance (backup server) 2
- ☐ Business continuation plan 1#

Encryption

- □ Email encryption 1#
- □ Backup encryption 1#
- □ Full disk encryption for servers 1%
- □ Full disk encryption for any portable computers containing PHI 1%
- □ Device encryption for any portable storage devices containing PHI 1%
- □ Full disk encryption for all computers in the practice 3%
- □ Managed encryption 2%

Anti-Virus and Firewall – Cyber Security

- □ Managed anti-virus (freeware is not appropriate) 1#
- ☐ Firewall with advanced threat protection 1%

Risk Assessment

- □ Periodic analysis of your network to detect security #
- 1 Cheap insurance. If it were up to me, this would be a requirement in most situations. This item is automatically included in all my current recommendations. It might be worth a retrofit.
- 2 Highly recommended. Technology in this category has become easily cost justifiable. You might consider for a retrofit.
- 3 Nice to have.
- # Required for proper HIPAA / HITECH compliance.
- % Demonstrates proactive attention to security.